Transitioning to motherhood during the coronavirus pandemic

Announcing virtual support groups for pregnant and postpartum women

Under the best of circumstances, the transition to motherhood is an unpredictable, all-encompassing, and often bewildering journey. Experiencing it during the coronavirus pandemic is an entirely uncharted territory. Let us support you in facing the challenges of this unprecedented time in a nurturing community of women who understand what you may be going through. We are stronger together.



Dates & Times

Pregnancy Support Group: Thursdays from 7pm to 8pm & Saturdays from 11am to 12pm, led by Liz Brice, LCSW

Postpartum Support Group: Wednesdays from 7pm to 8pm, led by Sara Vivens, LCPC



Location

These are video-based groups you can participate in from the comfort of your home



Cost

\$25 per group



How to Register

For more information or to register, please contact our Intake Manager Natalie Breitmeyer, LPC at 312.809.0298 or nbreitmeyer@wildflowerllc.com

Center for Emotional Health