

Wildflower Talks

Exploring issues that matter

At Wildflower, we believe that people thrive when they belong to communities that accept them and honor their experiences. Unfortunately, when dealing with unexpected life events and challenges people often feel misunderstood and silenced.

Wildflower Talks are about bringing people together for the purpose of casual, intimate exploration of topics that matter. Come join us for 75 minutes of discussion in a supportive, laidback environment. You are welcome to say as much or as little as you want.

Most importantly, we want you to simply be yourself.

What do babies really need?

As parents, we want what is best for our children. We fret over infant care items, the crib, the feedings. We want to be good parents. No matter how intensely we pursue this goal, questions linger: will we be good enough? What do babies really need from us and how do we know we are providing it?

If only there was an instruction manual. If only they could tell us. It turns out that they do, in myriad ways, from the moment they are born. Join us to explore the question of what babies need to thrive. We will talk about the qualities of relationships with caregivers that help babies feel safe and loved; we will draw on important ideas derived from the fields of developmental psychology and infant mental health. You do not need to be parent to attend.

Location

820 N. Orleans St.
Suite 350
Chicago, IL 60610

Date & Time

September 16, 2019
5:00 pm – 6:15 pm

Price

\$25

How to Register

You can register online at whatdobabiesreallyneed.eventbrite.com. Please contact Katie Caddell, LCSW at 312.809.0298 or kcaddell@wildflowerllc.com with any questions. Payment is due upon registration. If you must cancel, kindly give us at least a 48-hour notice and note that refunds will not be offered.

Refreshments and pastries will be served.

Wildflower Center for Emotional Health is a mental health practice located in Chicago's River North neighborhood. Our core mission is to assist women, men, and families in creating meaningful change that allows them to feel present, authentic, and connected to themselves and others.


Wildflower
Center for Emotional Health