

# New Moms Group: Transitioning to Motherhood in 2020

## A virtual support group for postpartum mothers

Under the best of circumstances, the transition to motherhood is an unpredictable, all-encompassing, and often bewildering journey. Experiencing it during the global pandemic is an entirely uncharted territory. Let us support you in facing the challenges of this unprecedented time in a nurturing community of women who understand what you may be going through. We are stronger together.



**DATE + TIME:** THURSDAYS FROM 10:00-11:00 AM CST, LED BY VICTORIA STROZ, LPC

**LOCATION:** VIDEO-BASED SO YOU CAN PARTICIPATE FROM THE COMFORT OF YOUR HOME (BABIES, TOO!)

**COST:** \$25 PER GROUP



**HOW TO REGISTER:** FOR MORE INFORMATION OR TO REGISTER, PLEASE CONTACT OUR INTAKE MANAGER, NATALIE BREITMEYER, LPC, AT 312.809.0298 OR [NBREITMEYER@WILDFLOWERLLC.COM](mailto:NBREITMEYER@WILDFLOWERLLC.COM)

