

Like a Mother:

Clinical implications of psychotherapy as a new(er) mom

A portion of all
proceeds will go to
Chicago
Birthworks
Collective

In this 2-hour virtual training geared toward mental health professionals who are mothers, are considering becoming mothers, or are in the midst of this transition, Chrissy Ellis, LCSW, PMH-C + Eden Himidian, LCSW, RYT will discuss what it means to hold the identities of a mother and a psychotherapist in the therapy room.

They will explore how to navigate the impact of the therapist's matrescence - the process of becoming a mother - on their clinical work and discuss how evidence-based treatments can guide us through this time of personal and professional change.

Wednesday, May 26
2:00-4:00 PM CST

\$45

Register on Eventbrite:
<https://likeamother.eventbrite.com>

2 CEUs available
Applicable toward PMH-C

CEUs sponsored by
Mindful Path Behavioral
Health & Wellness